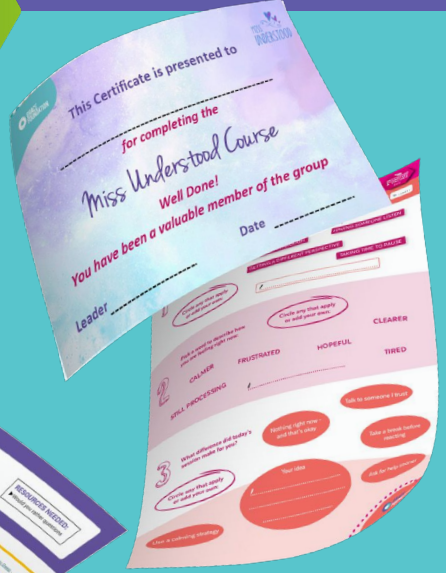
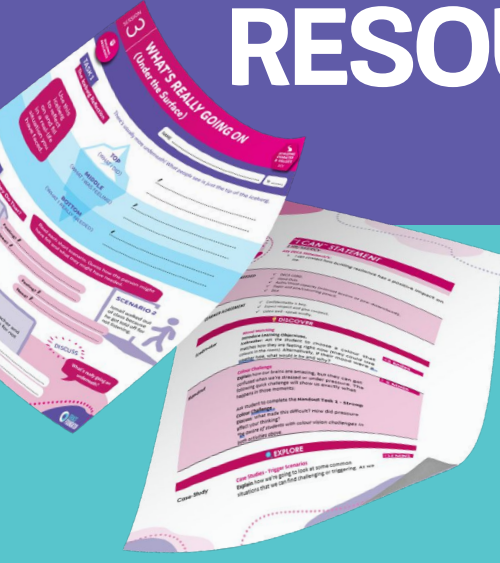


ETHOS PROGRAMME RESOURCES OVERVIEW


**DEVELOPING
CHARACTER
& VALUES**
DCV


**BUILDING
HEALTHY
RELATIONSHIPS**
BHR


**UNDERSTANDING
CHRISTIAN
PERSPECTIVES**
UCP



2026-27 ACADEMIC YEAR

Overview

This document contains an overview of our courses and content for the 2026-27 academic year. Our Ethos Teams work in partnership with schools to deliver a tailored Ethos Programme built around our six foundations.

CURRICULUM INPUT



Enhance RE, PSHE, and personal development with ethos-based sessions on values, faith, and life skills.

OFSTED LINKS TO

- > Curriculum & Teaching
- > Personal Development & Well-being

TUTOR & ASSEMBLY



Create space for students to reflect on life, values, and relationships.

OFSTED LINKS TO

- > Personal Development & Well-being
- > Attendance & Behaviour

1-1 INTERVENTIONS



Help students overcome barriers to behaviour, well-being, and attendance.

OFSTED LINKS TO

- > Inclusion
- > Attendance & Behaviour

GROUP INTERVENTIONS



Build emotional literacy, well-being, and engagement through focused group sessions.

OFSTED LINKS TO

- > Inclusion
- > Attendance & Behaviour

ETHOS ENRICHMENT



Provide a safe space to explore life, character, and values.

OFSTED LINKS TO

- > Personal Development & Well-being
- > Inclusion

PARENTAL ENGAGEMENT



Equip parents with tools to support well-being and personal growth.

OFSTED LINKS TO

- > Personal Development & Well-being
- > Inclusion

UNDERPINNED BY SAFEGUARDING

OUR WORK LEADS TO BETTER OUTCOMES

- Increased Attendance
- Enhanced Well-being
- Positive OFSTED Results
- Raised Aspirations
- Improved Behaviour
- Better Student Progress
- Reduced Exclusions

Our Resources

Every GF resource follows our unique DECA learning journey.



DISCOVER

What do I need to know and why?



EXPLORE

How do I deepen my understanding?



CONNECT

What does it mean for me?



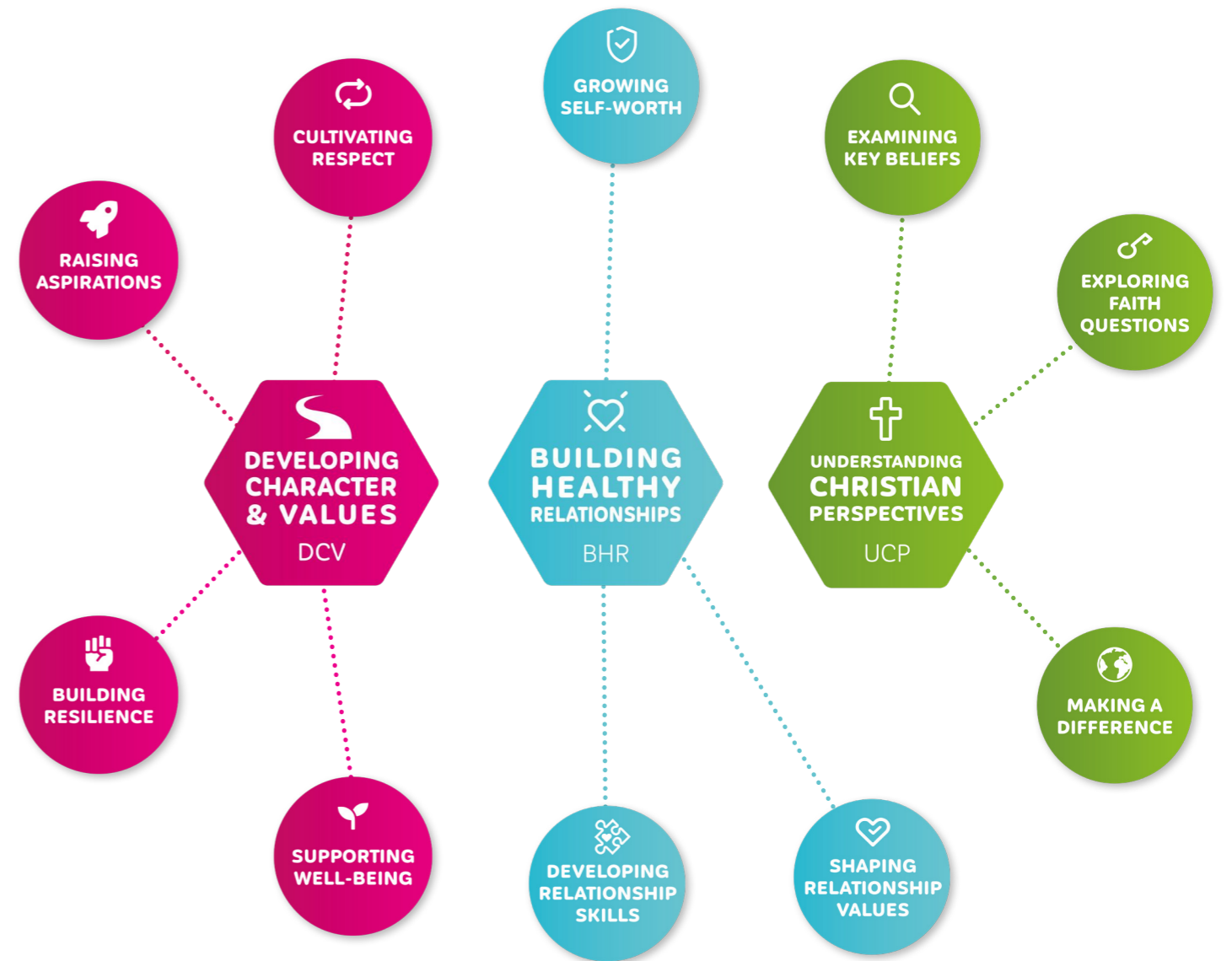
APPLY

How do we put it into practice?



DECA is Grace Foundation's learning framework. It helps students recognise their progress in line with our Ethos Learning Outcomes. Based on Bloom's Taxonomy, it shapes all our work, from lessons to interventions, so students not only understand these outcomes but live them out in daily life.

Our Ethos Learning Outcomes are aligned with key school priorities, structured around three core themes.



CURRICULUM
INPUT



CURRICULUM INPUT

ENHANCE RE, PSHE, AND PERSONAL DEVELOPMENT
WITH ETHOS-BASED SESSIONS ON VALUES, FAITH,
AND LIFE SKILLS.

EXPECTED OUTCOMES:

- Improvements in knowledge, skills, and values
- Increased participation in learning
- Raised aspirations and improved well-being

OFSTED LINKS TO

- Curriculum & Teaching
- Personal Development & Well-being



LET'S TALK ABOUT SERIES

Let's Talk About Mental Health (KS3/ KS4)	Let's Talk About Racism (KS3/KS4)	Let's Talk About Gaming (KS3)
Let's Talk About Knife Crime (KS3)	Let's Talk About Respect (KS3/KS4)	NEW Let's Talk About AI (KS3)
NEW Let's Talk About Toxic Attitudes (Misogyny) (KS4)	NEW Let's Talk About Media (KS3)	NEW Let's Talk About Exams (KS4)

EMPLOYABILITY/KEY SKILLS SERIES

Employability Skills: Leadership (KS3)	Employability Skills: Communication (KS3)	Employability Skills: Teamwork (KS3)
NEW Key Skills: Analytical Thinking (KS4)	NEW Key Skills: Building Real Resilience (KS4)	NEW Key Skills: Critical Thinking (KS4)

CAREERS & ASPIRATIONS (DELIVERED BY CROSS ACADEMY EDUCATORS)

NEW Key Skills: Critical Thinking (KS4)	NEW Key Skills: Building Real Resilience (KS4)	NEW Key Skills: Analytical Thinking (KS4)	Employability Skills: Leadership
Employability Skills: Communication	Employability Skills: Teamwork	Student Leaders Workshop: Learn to Lead	Job Interview Workshop
CV Writing Workshop	Raising Female Aspirations Workshop	Career Workshop for Black Male Students: Elevate & Excel	Presentation Skills Workshop
'The Gate' Workplace Visits	Money Management Workshop: Budgeting Decoded (KS4/5)	Develop a Business Workshop: Enterprise Challenge Day	

CREATIVE WORKSHOPS (DELIVERED BY PREFERRED PROVIDERS)

Do Good: The Character Workshop	Be Confident: The Confidence Workshop	From Noya: The Mental Health Workshop
Anti-Racism Workshop	He's Not Coming Back: The Knife Crime Workshop	Escape: The County Lines Workshop
Resilience: The Black History Month Workshop	Be Real: The Integrity Workshop	Butterfly: The Anti-Bullying Performance & Workshop
Uncovering the Mask: The Identity Performance & Workshop	Please note: Finance is required from the Ethos Programme budget or school budgets to book these creative workshops. Prices available upon request.	

Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.

CURRICULUM
INPUT



CURRICULUM INPUT CONTINUED



BUILDING
HEALTHY
RELATIONSHIPS

BHR

BUILDING HEALTHY RELATIONSHIPS LESSONS

Year 7 Self-Worth Lesson: You Have Worth	Year 8 Harmful Sexualised Behaviours Lesson: It's Not Okay	Year 9 Healthy Relationships Lesson: It's Your Choice
Year 10 Consent Lesson: It's About Consent	Year 10 Commitment Lesson: It's About Commitment	Year 10 Relationships Lesson: It's About Love

DELIVERED BY CROSS ACADEMY EDUCATORS

Year 7 Self-Worth Lesson: You Have Worth	Year 8 Harmful Sexualised Behaviours Lesson: It's Not Okay	Year 9 Healthy Relationships Lesson: It's Your Choice	Year 10 Consent Lesson: It's About Consent
Year 10 Relationships Lesson: It's About Love	Year 10 Commitment Lesson: It's About Commitment	Year 11 Healthier Relationship Skills Lesson: It's Your Future	Year 12 Relationship Skills Lessons: End or Mend
Year 12 Relationship Skills Lessons: Contraception & Pregnancy	Year 12 Relationship Skills Lessons: Wired for Intimacy		



UNDERSTANDING
CHRISTIAN
PERSPECTIVES

UCP

UNDERSTANDING CHRISTIAN PERSPECTIVES LESSONS

Faith Perspectives: Jesus (KS3)	Faith Perspectives: The Bible (KS3)	Faith Perspectives: Faith & Evidence (KS3)
Faith Perspectives: Faith & Worldviews (KS3)	Faith Perspectives: Harvest & Justice (KS3)	Grill a Christian
NEW NEW! Christmas 2026	NEW NEW! Easter 2027	NEW NEW! Faith Perspectives: Faith & Well-being (KS3)



Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.

TUTOR & ASSEMBLY



TUTOR & ASSEMBLY

CREATE SPACE FOR STUDENTS TO REFLECT ON LIFE, VALUES, AND RELATIONSHIPS.

EXPECTED OUTCOMES:

- Improvements in knowledge, skills, and values
- Increased attendance and sense of belonging
- Increased participation in learning

OFSTED LINKS TO

- Personal Development & Well-being
- Attendance & Behaviour

TUTOR & ASSEMBLY (DELIVERED BY ALL TUTORS)				
Attendance (3-part)	British Values (3-part)	British Values (3-part)	Climate Anxiety (1-part)	Careers Skills: Employability Skills (5-part)
Character: Growing by Serving Others (4-part)	Confidence: Being Heard (4-part + Assembly)	Disagreeing Well (3-part + Assembly)	Diversity including BHM (3-part + Assembly)	Diversity, Culture and Discrimination (6-part)
Easter & Christmas Tutor Times (Part of Seasonal Offer)	Forgiveness (3-part + Assembly)	Faith Perspectives: What Can I Do? (3-part)	Faith Perspectives: Why Am I Here? (3-part)	Faith Perspectives: Life's Big Questions (5-part)
Faith Perspectives: Life's Big Questions (5-part)	Gaming: Level Up (2-part + Assembly)	Growth Mindset (3-part)	NEW! Harvest (2-part + Assembly)	Inter-personal Skills (3-part + Assembly)
It's Not Banter (3-part + Assembly)	Kindness (3-part + Assembly)	Knife Crime (3-part + Assembly)	Life Skills incl. Money Management (3-part + Assembly)	Online: Tackling Online Hate (3-part + Assembly)
Loneliness (3-part + Assembly)	Online/AI: The Real World of AI (3-part + Assembly)	Online: Keeping Safe Online (5-part + Assembly)	Online: Keeping Safe Online (3-part)	Protected Characteristics (3-part + Assembly)
Online and Relationships: Navigating Relationships in a Digital World (5-part + Assembly)	Personal Safety (3-part + Assembly)	Presentation Skills incl. Personal Hygiene (3-part + Assembly)	Protected Characteristics (3-part + Assembly)	Social Media: Life as a Screenager (3-part)
Respect (3-part + Assembly)	Respect: The Question of Respect (3-part)	Respect: Fostering Respect (4-part Series)	Safeguarding Topics (3-part + Assembly)	Well-being (3-part + Assembly)
Self-Worth (3-part)	Sleep Matters (3-part + Assembly)	NEW Social Action (3-part + Assembly)	Social Media: The Media and Me (5-part + Assembly)	NEW Life Skills for School Leavers Yr 11 / Yr 12 (3-part + Assembly)
Relationships and Social Media: Behind the Post (8-part)	Relationships: Healthier Relationships (3-part)	Relationships and Harmful Sexual Behaviours: That's Not Okay (5-part + Assembly)	Well-being: Supporting Well-being (3-part)	NEW Healthy Boundaries in Friendships and Relationships (3-part + Assembly)
Well-being: Stress – Helping Students Thrive (4-part)	Well-being: Managing Fear and Anxiety (5-part + Assembly)	Well-being: Pressure – Building Resilience and Hope (4-part)	NEW Young Carers (3-part + Assembly)	NEW Introduction to Ethos Team (1-part + Assembly)
NEW Antbullying (3-part + Assembly)	NEW Black History Month (3-part + Assembly)	NEW Device Addiction (3-part + Assembly)	NEW Identity (3-part + Assembly)	NEW How to Take Responsibility for Your Own Learning (3-part + Assembly)
NEW How to Start Your Day in a Positive Way (3-part + Assembly)	NEW Positive Relationships (3-part + Assembly)	NEW Racism (3-part + Assembly)	NEW Awareness of Others (3-part + Assembly)	



Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.

1-1
INTERVENTIONS



1-1 INTERVENTIONS

HELP STUDENTS OVERCOME BARRIERS TO BEHAVIOUR, WELL-BEING, AND ATTENDANCE.

EXPECTED OUTCOMES:

- Improvement in well-being
- Increased participation in learning
- Increased attendance and sense of belonging
- Reduction in behaviour incidents, referrals or exclusions

OFSTED LINKS TO

- Personal Development & Well-being
- Attendance & Behaviour



FIRST RESPONSE

Immediate support for urgent issues		
Self-Regulation	Conflict Resolution	Behaviour Reset
Attendance	Truancy	Healthy Thinking
Confidence Boost	Goal Setting	NEW Racism
NEW Toxic Attitudes (Misogyny)	NEW Social Media	NEW Reflection (post-incident)
NEW Deescalation	NEW Friendship issues	

TARGETED SUPPORT (EARLY INTERVENTION)

Targeted early intervention addressing specific issues through structured sessions		
Exam Stress (4-week)	Confidence (5-week)	Anxiety (5-week)
Loss (5-week)	Behaviour (5-week)	Aspirations (5-week)
Resilience (5-week)	Respect (5-week)	Well-being (5-week)
NEW Emotions (5-week)		

DELIVERED BY CROSS ACADEMY EDUCATORS

1:1 Careers Interviews



Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.

GROUP INTERVENTIONS



GROUP INTERVENTIONS

BUILD EMOTIONAL LITERACY, WELL-BEING, AND ENGAGEMENT THROUGH FOCUSED GROUP SESSIONS.

EXPECTED OUTCOMES:

- Improvement in well-being
- Increased participation in learning
- Increased attendance and sense of belonging
- Reduction in behaviour incidents, referrals or exclusions

OFSTED LINKS TO

- Inclusion
- Attendance & Behaviour



GROUP INTERVENTION COURSES

Navigating Self-Esteem (4-week)	Navigating Loss (4-week)	Navigating Friendships (4-week)
NEW Navigating Resilience (4-week)	NEW Navigating Anger (4-Week)	NEW Navigating Anxiety (4-Week)
NEW Navigating Being a Young Carer (3 sessions)		



GROUP INTERVENTION COURSES

NEW Navigating Life Online (3-week)	LIFT (Y7/8 Boys Self-Esteem) (6 sessions)
KS3 Miss Understood (Y7/8 Girls Self-Esteem) (6 sessions)	NEW KS4 Miss Understood (KS4 Girls Self-Esteem) (4 sessions)

DELIVERED BY CROSS ACADEMY EDUCATORS

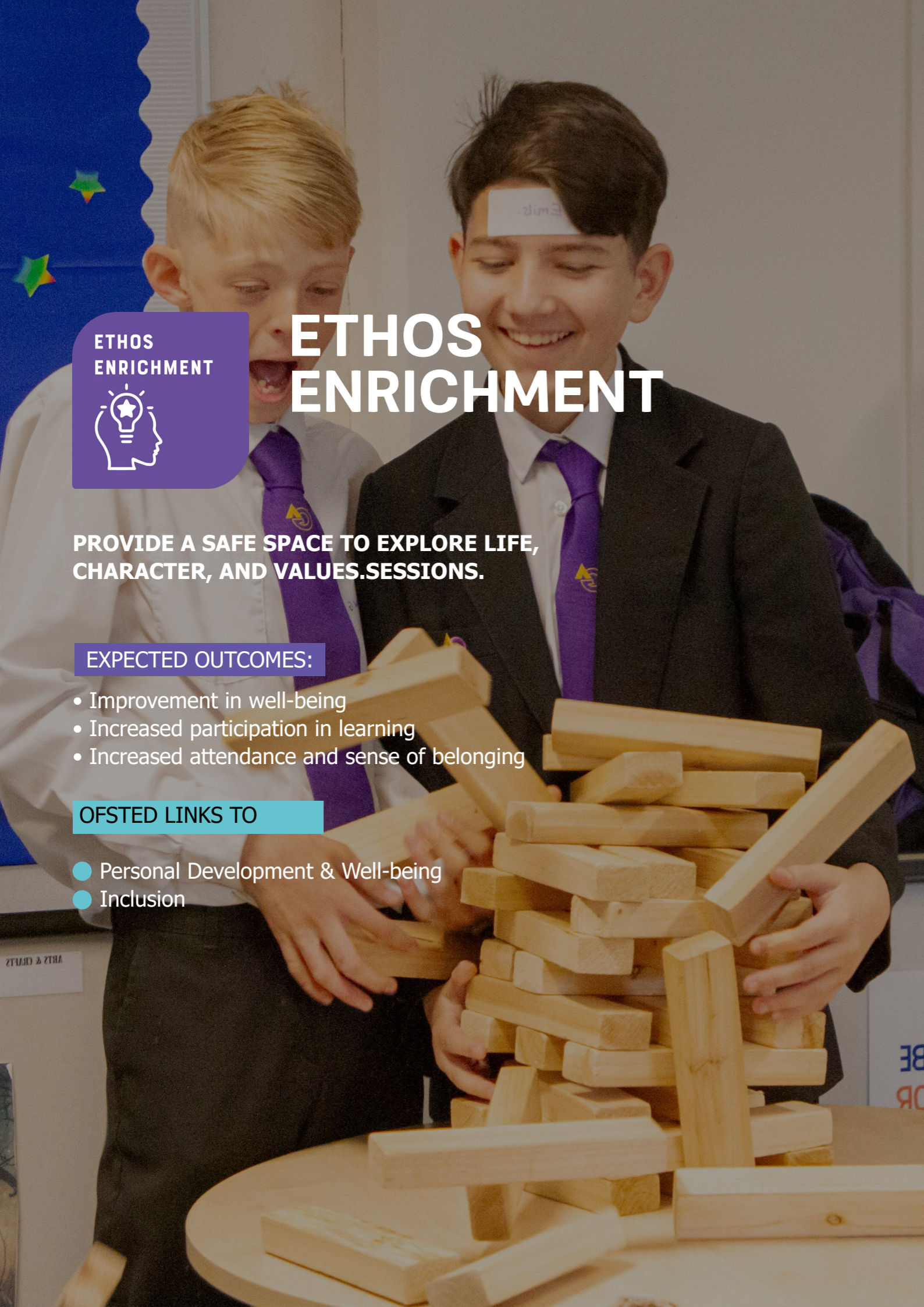
LIFT (Year 7/8 Boys Self-Esteem Intervention Group)	Miss Understood (Year 7/8 Girls Self-Esteem Intervention Group)	Grace Foundation Boys' Project: Year 8 – 10 Boys Intervention Group
Grace Foundation Girls' Project: Year 8 – 10 Girls Intervention Group	Navigating Self-Esteem	NEW KS4 Miss Understood (KS4 Girls Self-Esteem) (4 sessions)

DELIVERED BY CROSS ACADEMY EDUCATORS

Career Planning Intervention Group: GROW Career Coaching (Get Ready for Opportunities at Work)



Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.



ETHOS ENRICHMENT



ETHOS ENRICHMENT

PROVIDE A SAFE SPACE TO EXPLORE LIFE, CHARACTER, AND VALUES SESSIONS.

EXPECTED OUTCOMES:

- Improvement in well-being
- Increased participation in learning
- Increased attendance and sense of belonging

OFSTED LINKS TO

- Personal Development & Well-being
- Inclusion



DEVELOPING CHARACTER & VALUES
DCV

DROP-IN RESOURCES

Informal resources to foster values and belonging

Belonging Games	Character Questions	Student Support Resources
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UNDERSTANDING CHRISTIAN PERSPECTIVES
UCP

THRIVE SESSIONS (INFORMAL SMALL GROUPS)

Informal small group sessions exploring themes through a Christian ethos

Integrity Showing Patience Loving Yourself Forgiveness Courage Finding Purpose	Respect Mental Well-being Comparison Loving Others God's Love	Finding Peace Friends Social-Media Gaming Easter	Faithfulness Finding Joy Relationships Choices Identity Christmas	Showing Kindness Finding Hope Conflict Priorities My Future
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IMPACT INNOVATORS

Students leading change



Impact Innovators is a structured, student leadership programme that helps students move from spotting real issues in school or community life to designing and delivering practical solutions. Through guided training, mentoring and a clear project pathway, students build confidence, leadership, teamwork and problem-solving skills while working on causes that genuinely matter to them.

THE IMPACT INNOVATORS PROGRAMME AT A GLANCE



ETHOS
ENRICHMENT



PARENTAL ENGAGEMENT

EQUIP PARENTS WITH TOOLS TO SUPPORT
WELL-BEING AND PERSONAL GROWTH.

EXPECTED OUTCOMES:

- Improvement in well-being and sense of safety
- Improvements in knowledge, skills, and values
- Increased engagement with school
- Successful referrals to additional services or support

OFSTED LINKS TO

- Personal Development & Well-being
- Inclusion

PARENT WORKSHOPS

Workshops for parents and carers, delivered in person or online for groups

Parents' Guide to Building a Stronger Relationship with Your Teen	Parents' Guide to Dealing with Loss	Parents' Guide to Understanding the Teenage Brain
Parents' Guide to Managing Anxiety	Parents' Guide to Improving Attendance	Parents' Guide to Gaming
Parents' Guide to Making Relationships Work	Parents' Guide to Teen Mental Health & Culture	Parents' Guide to Supporting Your SEND Child

PARENT RESPONSE

One-to-one parental support sessions

NEW Parent response: Self-Regulation	NEW Parent response: Conflict Resolution	NEW Parent response: Healthy Thinking
NEW Parent response: Child's Attendance	NEW Parent response: Goal Setting	NEW Parent response: Confidence Boost

DELIVERED BY CROSS ACADEMY EDUCATORS

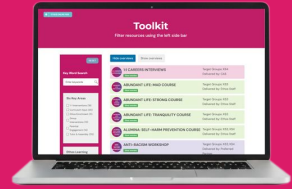
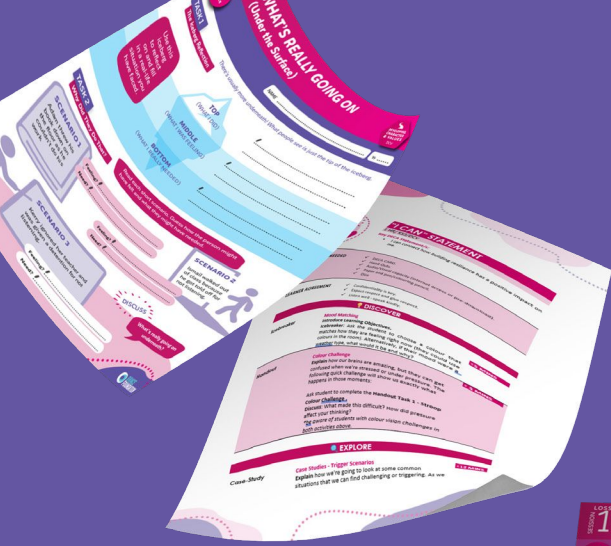
Workshops for parents and carers, delivered in person or online for groups by our Cross Academy Team

NEW Parents' Guide to Keeping Children Safe Online (CAST) NEW! Digital version available	NEW Parents' Guide to Career Pathways for Students (CAST) NEW! Digital version available	NEW Parents' Guide to Talking About Relationships & Sex (CAST) NEW! Digital version available	NEW Parents' Guide to Budgeting (CAST) NEW! Digital version available
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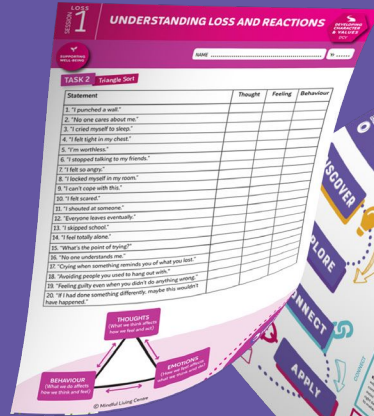


Items marked **NEW** are digital versions available.

Items marked **NEW** will be coming during 26-27 Academic year. See your team for details.



Our extensive toolkit of tried and tested resources is measured by OFSTED ready statistics, student voice, and stories of impact.



For more information on any programme or course please speak to your Ethos Team

www.grace-foundation.org.uk

